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now offers Yoga Classes!!

Cindy Henneke will offer the following schedule for Yoga.

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Tuesday: 2:00-3:305:30-7:00**

Wednesday: 9:00-10:3012:00-1:30**3:00-4:30**

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For more information, please give us a call at
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One of Your Favorites for only...

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Price does not include soup or salad.

Or Maybe You'd Like Some Lasagna

Meat Lasagna served with Salad Bar for only...

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Hurry In! Specials Are For A Limited Time Only!

OBITUARIES

Dale Everett Ammann

January 18, 1947 - May 4, 2000

Dale Everett Ammann, 53, of Beasley, formerly of the Nada-Garwood community, passed away Thursday, May 4, 2000.

He was born January 18, 1947 in El Campo to Everett and Celestine Bubela Ammann.

Dale was a chief mechanic of the Power Plant at Imperial Sugar in Sugar Land and a member of the St. Wencelaus Catholic Church in Beasley.

Preceded in death by his father, he is survived by his wife, Shirley Prause Ammann, and daughter, Debi Ammann, of Beasley; sons, Dale Dean Ammann of Houston and Dwayne Ammann of Beasley; sisters, Darla Ammann of Bellville; and a grand-

daughter, Kayle Rae.

Funeral services were held Sunday, May 7, at 3 p.m. from St. Mary's Catholic Church in Nada with Rev. Henry Rahunek officiating.

Interment followed in St. Mary's Catholic Cemetery.

Triska Funeral Home of El Campo was in charge of arrangements.

Pallbearers were Calvin Ekarius Jr., Marvin Pekar, Larry Bubela, William Buford, Larry Callies and Larry Prause.

The family requests memorial donations be made to St. Wencelaus Church Building Fund, P.O. Box 121, Hungerford, Texas 77448.

Sympathy is extended to the family in their loss.

Helen Frances Berger

November 27, 1916 - May 6, 2000

Helen Frances Berger, 83, of Nada passed away Saturday, May 6, 2000. She was born November 27, 1916 in Nada to Frank A. and Annie Heine Popp.

Helen was a retired teacher's aide and a lifelong member of St. Mary's Catholic Church in Nada. She was also a member of the Catholic Daughters of America, Christian Mothers, Associate of the Sisters of the Incarnate Word and the Blessed Sacrament of Victoria, Catholic State League, National Catholic Women's Union, Council of Catholic Women and St. Mary's Telephone Prayer Group.

She served as St. Mary's Endowment Officer and chairperson of St. Mary's Vocation Sunday for many years and was a member of the Extension Homemakers the past 40 years.

She was preceded in death by her parents; husband, Alfred Paul Berger (April 5, 1982); daughter, Madeline Agnes Berger; sister, Emilie Boenisch; brother, Herman Popp; and grandson, Michael Berger.

Survivors include her daughters, Sister Gregoria of Victoria, Carol Rainbolt of Edna and Jeanette Sprta of Wharton; sons, Al Berger of San Antonio, John Berger of Angleton, James Berger of Richmond, Patrick Berger of Houston and Timothy Berger of Cumby; sisters, Martha Boenisch and Mary Ann Kozel of Ft. Worth and Celestine Hubenak of Point Comfort; brothers, Herbert and Frank Popp of Garwood; 18 grandchildren; and eight great-grandchildren.

Funeral services were held Tuesday, May 9, at 10 a.m. from St. Mary's Catholic Church in Nada with Bishop Bernard Popp and Rev. Joseph Koebel officiating.

Interment followed in St. Mary's Catholic Cemetery.

Triska Funeral Home of El Campo was in charge of arrangements.

Pallbearers were Thomas, Anthony, Brian, Andrew and Scott Berger; Randolph and William Zapalac; and Russell Evans.

The family requests memorial donations be made to St. Mary's Catholic Church in Nada; Hospice Support Inc.; or Sisters of the Incarnate Word and Blessed Sacrament, 1101 N.E. Water St., Victoria, Texas 77901.

Sympathy is extended to the family in their loss.

Mary Lee Strauss

May 15, 1913 - May 6, 2000

Mary Lee Strauss, 86, of Hallettsville passed away Saturday, May 6, 2000.

She was born May 15, 1913 in Hallettsville to Charles J. and Helena Appelt Elstner.

On September 2, 1936, she married Gus James Strauss in Hallettsville. She was a member of the Catholic Daughters of America, KJZT, Christian Mothers, Reading and Garden Club, President of Diocesan Council Catholic Women, President of Senate Ladies Club, Catholic Archdiocesan Mother of the Year, President of Sacred Heart PTO and Founder of Senate Children's Club.

A teacher at Sacred Heart School, she was President of the St. Edwards University Guild, Valedictorian of her senior class at Hallettsville High School, attended Southwest Texas State University at San Marcos and served on the Sacred Heart Parish Board.

She was preceded in death by her parents, husband (July 11, 1970); two brothers, Carl and William Elstner; eight sisters, Nettie Philip Roth-

schmidt, Gertrude Elstner, Margurite Amelia Zappe, Della Sommer, Dolores Toland, Helen Augusta Pohl, Lillie Ann George and Hilda Poth; and a daughter-in-law, Marie Netzer Strauss.

Survivors include her daughter, Mary Rose Grafe of Houston; sons, District Judge Olin Strauss of Jordan and District Judge Gus J. Strauss of Hallettsville; sister, Millie Appelt of Hallettsville; brother, Hilton Elstner of Hallettsville; 11 grandchildren and 21 great-grandchildren.

Funeral services were held Tuesday, May 9, at 10 a.m. from Sacred Heart Church in Hallettsville with Rev. John Peters officiating.

Interment followed at Sacred Heart Cemetery.

Kubena Funeral Home, Hallettsville, was in charge of arrangements. Pallbearers were her grandsons and granddaughters.

The family requests memorials be made to Sacred Heart Church in Hallettsville.

Sympathy is extended to the family in their loss.

Sis. Sedelia Stewart

March 25-1914 - April 26, 2000

Sis. Sedelia Stewart's life came quietly to an end Wednesday, April 26, 2000 at 8 p.m. at Rice Medical Center in Eagle Lake.

On March 25, 1914, a baby girl was born to Billy and Susan Toland Haynes in Colorado County, whom they named Sedelia.

She grew up and attended public school in the community of her birth.

At an early age, she became a member of St. Paul United Methodist Church. In later years, after moving to Eagle Lake, she joined the Greater Mt. Olive Missionary Baptist Church under the pastorage of Rev. B.F. Langham.

Sis. Stewart served faithfully under several pastors, working on the Usher Board Choir and Missionary Society and also under the present pastor until her health failed.

She was married to Mr. Woods. They had two children. Later, she married Robert Stewart. To that union, nine children were born.

Family members who preceded her in death were her parents; sisters and brothers; three daughters; four sons; one grandson; and both husbands.

She leaves to cherish her memory;

daughters, Loise Lewis of South Carolina, Verna O'Neal of Victoria, Spruelli Alice English of Dallas, Dorothy Coats of Tyler, and Corma Brown and Eva A. Glenn of San Antonio; sons, Herman and James Stewart of Dallas, Dennis Stewart of Eagle Lake, Leon Woods of Omaha, Nebraska, and Thomas Stewart of Blythe, California; sons-in-law, James Lewis, Clarence Coats, Sam English and Elza Glenn; daughters-in-law, Louise Stewart and Jean Woods; and a host of nieces, nephews, grandchildren, great-grandchildren, and relatives and friends.

Funeral services were held Tuesday, May 2, at 11 a.m. from Greater Mt. Olive Missionary Baptist Church with Rev. Rudolph Kiser Sr., pastor, officiating.

Interment followed in Eagle Lake Cemetery North.

Ben Davis Funeral Home, Columbus, was in charge of arrangements.

Pallbearers were Kelvin Lewis, Demetrick Amos, Darryl Thompson, Keith Payne, George Chandler Jr. and Clarence Coats Jr.

Sympathy is extended to the family in their loss.

A NEW ARRIVAL

Daniella Marie Hernandez

Robert and Nancy Hernandez, formerly of Eagle Lake and now stationed at Laughlin Air Force Base, announce the birth of their first child, a daughter, born at 5:50 p.m. April 27, 2000 at Valverde Regional Medical Center in Del Rio.

Daniella Marie weighed six pounds, one ounce, and measured 19 inches at birth.

Maternal grandparents are Guadalupe and Maria Hernandez. Paternal grandparents are Roberto and Maria C. Hernandez, all of Eagle Lake.

Maternal great-grandparents are Miguel and Magdalena Aguilar of Edinburg and Miguel and Victoriana Hernandez of El Paso.

Paternal great-grandparents are Chon and Micaela Hernandez and Jose and Tomasa Lugo of Juventino Rosas, GTO, Mexico.

Views On Dental Health

JOHN B. MYRES, D.D.S.

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HOW OFTEN CHECK-UP NEEDED?

How often do you need a dental check-up? This is like asking, "How often should I wash my hair?" The answer depends on how good you are at preventing problems in your mouth. If you've had annual check-ups for years and your dentist has found nothing wrong, you might want to maintain this schedule of annual check-ups. However, if you have six or seven new cavities each year, an annual visit is certainly not enough.

As for children, every six months is a good rule because children's teeth are less stable than adult's teeth. Some children can go for years and years needing nothing but fluoride

applications and suddenly show up with a mouth full of cavities.

With adults, the primary concern is periodontal (gum and bone) disease which is their major cause of tooth loss. This is one problem that can be PREVENTED if caught early enough and cared for on a continuing basis. If you wait until you get a toothache to visit the dentist — it may be too late to treat the problem.

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Attend the Church of Your Choice...

GREATER RISING STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 979-234-2423 or 979-758-3745.
GREATER UNION BAPTIST CHURCH: Matthews Community; Co. Rd. 141; 409-234-2581; Rev. Lawrence C. Robertson, Pastor.
MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. P.L. Barrow Sr.; 234-5813.
LIVING HOPE CHURCH: Revs. Joe and Mercy Flung; 234-5536.
TEMPLE BERE: 621 Maple Street, Eagle Lake. Rev. Manuel Matamoros.
ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840; Nick Williams, Pastor.
LATIN-AMERICAN ASSEMBLY OF GOD (Bethlehem of Judea Church): 1000 East E. Eagle Lake; Ruth Olivera, Pastor.
SEALY ASSEMBLY OF GOD: 1140 Meyer, Sealy; Warren Richardson, Pastor.
THE DAY OF PENTECOST APOSTOLIC REVIVAL: FM 102 S. Matthews, 4 p.m. (at Mt. Zion), Rev. R.L. Carter.
GREATER NEW FAITH CHURCH: 6406 Guvier, Wallis; Rev. Clay Spears; 979-478-2169.
EAST BERNARD FIRST BAPTIST: Rev. Clifford Roser.
FIRST BAPTIST: N. Lake at E. Prairie, Eagle Lake.
FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; Rev. Perry Riley, Pastor; 234-5795.
IGLESIA BAUTISTA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario Vasquez.
GREATER MT. OLIVE BAPTIST: Rev. R. Kiser, Pastor; 705 Lake, Eagle Lake; 234-3545.
PROVIDENCE BAPTIST: 1207 E. State, Eagle Lake. Rev. Coby Shorter; 234-3735.
CHRIST EPISCOPAL: 306 E. Stockbridge.
ROCK ISLAND BAPTIST: Bob Allison, Pastor.
SHERIDAN FIRST BAPTIST

WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Rd., Eagle Lake; Rev. Obie Rhodes; 234-3800.
CHURCH OF CHRIST: Sheridan, Texas.
NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.
CHRIST OUR REDEEMER - Charismatic: 478-7534, 478-6512, Jerry C. McKinney, Pastor.
HOLY CROSS CATHOLIC CHURCH: East Bernard.
CATHOLIC PARISH OF THE NATIVITY: Our Lady of Perpetual Help Sanctuary: 308 N. Stevenson St., Eagle Lake; 7 a.m. (Español), 9 a.m., 11 a.m., Rev. Eddie Winkler, P.O. Box 307; 979-234-2842.
ST. MARY'S CATHOLIC CHURCH: Box 97, Nada, 758-3218. Rev. Joseph Koebel, Pastor.
GOSPEL MISSION CHURCH: Pastors Erik & Crystal Cameron; 510 E. Prairie, Eagle Lake; 979-234-3225 or 234-2824.
GRACE LUTHERAN: 408 N. Stevenson, 234-3381; Services begin at 10 a.m.; Rev. Clements Richards.
LEHRER MEMORIAL UNITED METHODIST: Garwood; 9 a.m. Worship.
Rev. Paul A. Lynn, Pastor.
LISSIE UNITED METHODIST: Bill Ramsey, Pastor; 234-2112; Lissie, Tx.
ROCK ISLAND METHODIST: Ken Sellers Jr., Lay-Pastor.
UNITED METHODIST: Paul A. Lynn, Pastor. 200 W. Prairie; Sunday School 9:30 a.m.; Worship 10:45 a.m.
FIRST PRESBYTERIAN: 106 E. State Street, Eagle Lake; 234-3368.
VINE OF THE LORD: Rev. Paul Aguilar, 1300 E. State, Eagle Lake; 234-7543.
FRIENDSHIP A/G: 501 Wallace, East Bernard. Fred Chambers, Pastor.
THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS: 600 West St., Sealy; Marshall Crosby, Branch Pres.
CHURCH OF CHRIST: 815 Milam, Columbus. Lynn Wilson, Minister.
THE SHEPHERD'S WAY: Non-denominational Christian Fellowship; 217 Main, Sealy. Frank Lucas, Pastor. 885-7873.

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Highlights

Continued from Page 2

The study also showed that the racial makeup of Texas prisons has changed little since 1994. The inmate population currently is 44.2% black, 27.4% white and 25.2% Hispanic. Five years ago it was 47.1% black, 30.1% white and 25.1% Hispanic. The average inmate still has only a seventh-grade educational achievement score, the study stated.

And, the study showed inmates released last year had served an average of 3.8 years, a year longer than the average 2.8 years figured in 1994. Lower parole rates and more prison space have helped bump the average age of Texas inmates from 33 years old in 1994 to 35.4 years old in 1999.

Other Highlights

•Honda Motor Co. last week was honored with a Texas Environmental Award for its low-emission vehicles by the Texas Natural Resource Conservation Commission.